

**Onslow Anglicans**  
**A Service of Holy Communion via Zoom**  
**10 October 9:00 a.m.**

**A Service of Holy Communion**

Grace and peace to you from God.

Kia tau ki a koutou, te atawhai me te rangimārie  
a te Atua.

**God fill you with truth and joy.**

**Mā te Atua koe e whakaū, ki te pono me te  
hari.**

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden;  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
so that we may truly love you  
and worthily praise your holy name:  
through our Saviour Jesus Christ.  
Amen.**

**Hymn St.B 11 - Be Thou my Vision**

*Be thou my vision, O Lord of my heart,  
be all else but naught to me, save that thou art;  
be thou my best thought in the day and the night,  
both waking and sleeping, thy presence my light.*

*Be thou my wisdom, be thou my true word,  
be thou ever with me, and I with thee, Lord;  
be thou my great Father, and I thy true son;  
be thou in me dwelling, and I with thee one.*

*High King of heaven, thou heaven's bright Sun,  
O grant me its joys after victory is won;  
great Heart of my own heart, whatever befall,  
still be thou my vision, O Ruler of all.*

**The minister says:**

Happy are those whose sins are forgiven,  
whose wrongs are pardoned.  
I will confess my sins to the Lord,  
I will not conceal my wrongdoings.

God forgives and heals us....

**We need your healing, merciful God:  
give us true repentance.**

**Some sins are plain to us;  
some escape us,  
some we cannot face.  
Forgive us;  
set us free to hear your word to us;  
set us free to serve you.**

**The presiding priest says:**

God forgives you.  
Forgive others; forgive yourself.  
Through Christ, God has put away your sin:  
approach your God in peace.

**Readings:**

Job 23:1-9, 16-17

Hebrews 4:12-16

Mark 15:33-39

**Psalm 88:1-13**

<sup>1</sup> LORD, you are the God who saves me;  
day and night I cry out to you.

<sup>2</sup> **May my prayer come before you;  
turn your ear to my cry.**

<sup>3</sup> I am overwhelmed with troubles  
and my life draws near to death.

<sup>4</sup> **I am counted among those who go down to the  
pit;**

**I am like one without strength.**

<sup>5</sup> I am set apart with the dead,  
like the slain who lie in the grave,  
whom you remember no more,  
who are cut off from your care.

<sup>6</sup> **You have put me in the lowest pit,  
in the darkest depths.**

<sup>7</sup> Your wrath lies heavily on me;  
you have overwhelmed me with all your waves.

<sup>8</sup> **You have taken from me my closest friends  
and have made me repulsive to them.**

**I am confined and cannot escape;**

<sup>9</sup> my eyes are dim with grief.

I call to you, LORD, every day;

I spread out my hands to you.

<sup>10</sup> **Do you show your wonders to the dead?**

**Do their spirits rise up and praise you?**

<sup>11</sup> Is your love declared in the grave,  
your faithfulness in Destruction?

<sup>12</sup> **Are your wonders known in the place of  
darkness,**

**or your righteous deeds in the land of oblivion?**

<sup>13</sup> But I cry to you for help, LORD;

in the morning my prayer comes before you.

**Onslow Anglicans**  
**A Service of Holy Communion via Zoom**  
**10 October 9:00 a.m.**

**The Prayers/Collects**

God of the possible,  
and the impossible,  
when we come to you with questions  
and struggle with your answers,  
grant us faith in believing as we await the  
treasure from heaven,  
which is your faithful promise.  
Through Jesus Christ our Liberator,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
Amen

**AFTER THANKSGIVING:**

Give thanks to our God who is gracious....  
**whose mercy endures for ever.**

**AFTER INTERCESSION:**

God of love ..... **grant our prayer.**

Lord, in your mercy...**hear our prayer.**

**Hymn St.B 9 - Be Still and Know that I am God**

*Be still and know that I am God,  
Be still and know that I am God,  
Be still and know that I am God.*

*I am the Lord that healeth thee,  
I am the Lord that healeth thee,  
I am the Lord that healeth thee.*

*In thee, O Lord, I put my trust,  
In thee, O Lord, I put my trust,  
In thee, O Lord, I put my trust.*

*The bread and wine for communion are  
prepared.*

**The Great Thanksgiving**

The Lord is here... **God's Spirit is with us.**

Lift up your hearts... **We lift them to the Lord.**

Let us give thanks to the Lord our God....  
**It is right to offer thanks and praise.**

It is right indeed, everliving God, to give you thanks and praise through Christ your only Son. You are the source of all life and goodness; through your eternal Word you have created all things from the beginning. When we sinned and turned away you called us back to yourself and gave your Son to share our human nature. He made the one perfect sacrifice for the sin of the world.

Therefore we proclaim your great and glorious name, saying....

**Holy, holy, holy Lord, God of power and might; heaven and earth are full of your glory. Hosanna in the highest.**

On the night before he died, Jesus took bread; when he had given you thanks, he broke it, gave it to his disciples, and said: Take, eat, this is my body which is given for you; do this to remember me.

After supper he took the cup; when he had given you thanks, he gave it to them and said: Drink this, all of you, for this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins; do this as often as you drink it, to remember me.

Therefore, loving God, recalling your great goodness to us in Christ, we celebrate our redemption with this bread of life and this cup of salvation.

Send your Holy Spirit that these gifts of bread and wine which we receive may be to us the body and blood of Christ, and that we, filled with the Spirit's grace and power, may be renewed for the service of your kingdom.

United in Christ with all who stand before you in earth and heaven, we worship you, O God, in songs of everlasting praise.

**Blessing, honour and glory be yours, here and everywhere now and forever. Amen.**

We break this bread to share in the body of Christ.

**Onslow Anglicans**  
**A Service of Holy Communion via Zoom**  
**10 October 9:00 a.m.**

**We who are many are one body, for we all  
share the one bread.**

**God creator of time and space may the love  
and faith which makes this bread the body of  
Christ and this wine his blood enfold us now.  
Make us one with each other wherever we  
are in our homes or places of rest  
May Christ's Holy Spirit  
bring to us in the sacrament  
the strength and peace we need  
and an abiding trust in your gift of eternal  
life.**

Jesus lamb of God **have mercy on us**

Jesus, bearer of our sins **have mercy on us.**

Jesus, redeemer of the world, give **us your  
peace.**

As Christ teaches us we pray...

**Our Father in heaven, hallowed be your  
name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory  
are yours now and for ever. Amen.**

**The Blessing**